WE ARE ANTARCTICA

DOWNLOADABLE CONNECTION CARDS

This deck of cards will help you to create a wild love of nature and the planet. A love that compels us to give as we receive, and to care for and protect our planet.

Featuring 17 questions to spark inspiring conversations that get you listening, sharing and thinking. They ask you to share your experience, tell your stories, learn from others and imagine a better future for all of us.



"How can I use these cards?"



The best conversations happen when we are curious, when we don't need to find the correct answer but have time to explore what we think and feel.

Sticking to these 3 agreements will make everyone feel comfortable and encourage conversation to flow.

Open Minded
We are here to connect freely
without judgement



Listen Desply
Pay attention and absorb

Tips for... Good Conversation

"How can I hold a good conversation?"



Antarctica

Antarctica is probably the farthest place away that many of us can imagine; a great icy wilderness.



While so far away, and so different to our everyday life, Antarctica's challenges directly impact the rest of the alobe.



She is a key player in regulating the earth's climate and ocean systems.

- her health and wellbeing is



@ Reboot the Future

Campaign

Reboot the Future has teamed up with filmmaker Jack Harries and Earthrise Studio, on an epic campaign to connect the world with Antarctica ahead of COP27.

We're calling it 'We Are Antarctica'



We aim to shift people's relationship with nature - from passive observer to active stakeholder in our planet's future. Our hope is to create a road-map for a better future - one that utilises our unique gifts and feels relatable and relevant for people of all ages, backgrounds and geographies.

find out more



#weareantarctico

"What is the campaign about?"



"What questions should I be asking?"



You can answer any of these questions in any order.

We recommend spending at least 5 minutes on each question.

Have you ever felt great wonder when experiencing or learning about something in nature? Have you ever felt distress when you saw or heard about something happening in our natural world today?

Talk about it and share examples.

What resources should we be protecting?

- What needs to be done to make this happen?
- 2. How could you support these actions?

Where is your absolute favourite place outside in nature?

Tell us about the natural place you like to be and how it feels to be there. What's your favourite memory there?

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We have become used to moving quickly between places; very often reliant on our cars.

- What if your ability to transport yourself with fossil fuels (cars, planes, taxis) shifted?
- 2. What changes would you make?

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Describe the natural habitat where you live (just like you would any other animal); include plant and animal life, water features and geological features, the

1. What does it provide you?

climate.

- 2. How do you and your community give back and look after it?
- 3. How can you treat it the way it treats you?

If future generations told stories of how you looked after their future, what would they say?

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When you think about the state of the world today, what breaks your heart the most?

Imagine opening your front door in the morning and stepping outside into the most beautiful world you can imagine.

- 1. What can you see?
- 2. How are people treating other people and the planet?

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Our values guide what we think is right, wrong and important.

- 1. What values should guide the way people treat each other and the planet?
- 2. What values guide the way you treat other people and the planet?
- 3. Share an example of how you live by those values.

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Antarctica is probably the farthest place that many of us can imagine. but her challenges directly impact the rest of the globe. Ice sheet melting from global warming will raise sea levels causing flooding around the world.

- 1. How does what you do affect the Antarctic?
- 2. How does a changing Antarctic affect you?
- 3. How can you use your voice to protect Antarctica?

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Describe the seasons where you live; include changes in nature and human activities.

- 1. Does anything worry you about the temperatures or any other aspects of seasonal change?
- 2. Have seasons of late been more extreme than those in previous
- 3. What worries you most?
- 4. Is there anything you can do?

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Do you ever feel friction between what you want and what you should do to look after the planet?

- 1. Can you think of an example?
- 2. How do you handle this?
- 3. Why do you think this friction happens?

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- 1. What if your ability to transport yourself with fossil fuels (cars, planes, taxis) shifted?
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most important life form on the planet. Imagine for a moment that all life on earth is of equal value.

Many of us have grown up in a world where

humans are seen as the

Can you describe how humans might act and the choices they might make if they saw themselves as equal to all other life?

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ecosystems as if they are

separate. But, we know in

connected. What happens

in one affects the next,

like dominoes in a row

1. What does your community do that affects what is happening on the other side of the world?

We learn about our

reality they are all

falling.

Think of a natural place near to where you live.

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- 1. List them.
- 2. Do you know what plants and animals live there?
- 3. How would you describe how you treat it?
- 4. How do others treat it?
- 5. How do you feel about that?

What resources should we be protecting?

- 1. What needs to be done to make this happen?
- 2. How could you support these actions?

2. Do you want to change this or add to it?

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"What happens at the end of the conversation?"

Taking inspiration from the film and conversation, ask each member of your group to complete the sentence "I will..."

Your pledges will be taken to COP27.





Make a Pledge

"How can I share my pledge for the planet?"

Submit your pledges using this form, and we will take them to COP27.